Timpanogos Tech Center Fitness Center Rules 2020

- 1. Hours of operation Monday through Friday, 14 hours per day and Saturday 8 hours a day or as otherwise posted. Only tenants are permitted to utilize the fitness center. Please be courteous and respectful of others. Proper attire must be worn.
- 2. During peak hours or while others are waiting, limit your time on each machine to 20-30 minutes.
- 3. Report any equipment failure to the management office at 801-471-2990. All equipment is to be used only as designed by the manufacturer. Equipment must be cleaned for the next person by the individual utilizing the equipment. Sanitizer spray and/or wipes have been provided for this task.
- 4. Do not leave any personal equipment or devices in the fitness facility.
- 5. Take all precautions to avoid injury to yourself and others and from damaging the equipment and/or the fitness facility.
- 6. Lost access cards must be reported to management immediately. Replacement cards are \$15.
- 7. Any user of the fitness center (including equipment, showers, restroom or lockers) must first sign the property's release form and rules form.
- 8. Locks must be removed when the patron leaves the facility. Users must notify the management office immediately upon terminating employment, so access can be discontinued, and the release form destroyed
- 9. Absolutely no food or beverages (except water) are permitted in the gym. Music and/or television volume must to kept to a minimum.
- 10. Lockers are available for daily use on a first come, first serve basis. Locks must be removed when the patron leaves the facility. Any locks that remain on lockers overnight will be cut off and the locker will be cleared out. Contents will be discarded immediately. Anyone utilizing the day lockers shall do so at their own risk. Ownership and management are not responsible for lost or stolen items.
- 11. Do not prop open any door associated with the fitness center. Do not allow unauthorized persons into the fitness center. This included any persons who do not have personal access to the fitness facility. Guests are strictly forbidden.
- 12. No one under the age of sixteen is permitted inside the fitness center.

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- 13. User agrees that access to the fitness center can be revoked at any time and for any reason. Including implementation of memberships by prorated shares based on square footage per tenant.
- 14. Users will not enter the Fitness Center is they have cough, fever, flu or COIVD 19.
- 15. These rules are subject to change. Updates will be posted within the fitness facility. Please check them often.

As a user of Timpanogos Tech Center Fitness Facility, I have read and understand the above rules. Failure to adhere to the above rules could result in my privileges being revoked. I further understand that I will be personally liable for damage, loss or injury caused by my neglect or abuse of the Facility and its components. I acknowledge and understand that there are risks inherent in using the Facility and my voluntary request to use the Facility and my use of the Facility are made with full knowledge of the risks involved, and I hereby agree to assume all the risks arising from such activities.

Name (Printed Legibly)	Signature	Date
Company		Access Card #